

BEHAVIORAL HEALTH

University of Massachusetts Global is recognized by the (BBS) California Board of Behavioral Sciences to provide continuing education credit per BPC Section 1887.4.3.

XHWU 9002 Effective Communication for Behavioral Health Professionals

Within our present society, there are many different challenges that impact our ability to connect within an interpersonal manner. This course will review the essential features of the communication process, methods of communication enhancement, and learning strategies to effectively use communication technologies within our ever-changing world. In addition, you will work to identify three areas of growth within your interpersonal communication abilities and develop a specific plan of action to address these areas in your life. 6 credits.

- 6 Clock hours
- 6 CEs*

* CEs approved by the Board of Behavioral Science are calculated at one contact hour per one CE. Learners who successfully complete the course can earn 6 CEs/contact hours recognized by the Board of Behavioral Science.

XHWU 9003 Emotional Intelligence for Behavioral Health Professionals

Emotional Intelligence (EI) has been found to be an essential component in areas related to emotional regulation, conflict resolution, stress reduction and within interpersonal relationships. Behavioral health professionals who are knowledgeable regarding the tenets of emotional intelligence will be able to use effective strategies to assist within their own growth and the growth of others. In this course, you will study the theories and concepts of the EI model. Specifically, you will review the EI through the behavioral lens and review ways you can use the EI model to allow for success within your role as a behavioral health professional. 6 credits.

- 6 Clock hours
- 6 CEs*

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XHWU 9004 Conflict Resolution for Behavioral Health Professionals

Conflict is unavoidable. Areas of conflict occur within our personal and professional lives. As a result, it is important to develop the capacity to recognize, assess and address areas of conflict to allow for growth and success. In this course, you will review different types of conflict and recognize appropriate strategies for resolving conflict in your role as a helping professional. While the focus of this course is in your occupational role, these same methods can be applied to any conflict. 6 credits.

- 6 Clock hours
- 6 CEs*

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XHWU 9005 Suicide Risk Assessment and Intervention for Behavioral Health Professionals

The content in this course provides students with 1) identification of factors involved with suicide risk; 2) recognition of relevant laws that pertain to harm to self; 3) explanation of relevant information pertaining to the necessity of initial assessment, monitoring, and re-assessment of suicide risk; and 4) summation of the strategies presented that focus on therapeutic interventions primary prevention of suicide. 6 credits.

- 6 Clock hours
- 6 CEs*

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XHWU 9006 Law and Ethics for Behavioral Health Professionals

This course is intended for professionals working in the mental health care field (therapists, social workers, psychologist) in addition to individuals working in public health, education, and criminal justice. The Law and Ethics course will review the ethical and legal matters that clinicians face on a daily basis. Specifically, the course will meet the 6-hour CEU Ethics requirement for individuals that are renewing their license in the state of California with the Board of Behavioral Sciences. This course also satisfies the California BBS Law and Ethics training requirements under (1887.3) for LMFT, LPCC, LCSW, and Educational Psychologists, in addition to the BOP requirements for Psychologists. 6 credits.

- 6 Clock hours
- 6 CEs*

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